

Ready for a little adventure

A little less scrambling, a little more exploring. Use what you have; skip what you do not need.

Where we are going: _____

Date: _____

Food + water

- ☐ Filled water bottles
- ☐ Snacks or a packed lunch
- ☐ Any needed feeding supplies
- ☐ Check the outside-food policy

Sun + weather

- ☐ Hats and weather-ready layers
- ☐ Sunscreen, used as directed
- ☐ Comfortable walking shoes
- ☐ Check the forecast

Little messes

- ☐ Wipes or tissues
- ☐ A change of clothes, if useful
- ☐ A bag for damp items
- ☐ Family-specific essentials

Downtime

- ☐ A small drawing activity
- ☐ A book or familiar comfort item
- ☐ A pencil for an activity sheet
- ☐ Room for a slower break

Grown-up essentials

- ☐ Tickets or reservation details
- ☐ Charged phone / needed cable
- ☐ Keys, wallet and payment
- ☐ Family medicines / first-aid needs

Before we leave

- ☐ Confirm hours and entry details
- ☐ Check parking and travel time
- ☐ Plan a snack or rest stop
- ☐ Choose a backup or shorter plan

Our own must-bring items:
